LongHorn Steakhouse Menu with Prices 2026

Typical 2026 LongHorn Steakhouse prices and calories for every steak by size, steak pairing, starter, soup, salad, chicken and seafood entree, side, lunch item, kids meal, dessert and drink. Last updated: November 2026.

Full guide:
steelblue-giraffe-258408.hostingersite.com/longhorn-steakhouse/menu-prices/

Steaks

Item	Price	Calories
Renegade Sirloin, 6 oz	$13.99 to $17.49	about 260
Renegade Sirloin, 8 oz / 11 oz	$18.49 / $22.49	about 340 / 470
Flo's Filet, 6 oz	$24.99 to $30.99	about 350
Flo's Filet, 8 oz	about $36.99	about 470
Flat Iron, 8 oz	about $15.00	varies
Chop Steak, 10 oz	$14.79	640
New York Strip, 12 oz	$21.97	630
Ribeye, 12 oz	about $32.45	about 880
Outlaw Ribeye, 18 oz bone in	$29.81 to $36.99	about 1,290
Fire Grilled T Bone, 16 oz	$25.49 to $25.99	varies
LongHorn Porterhouse, 20 to 22 oz	$30.43 to $37.29	varies

Pairings, Chicken and Seafood

Item	Price	Calories
Renegade Sirloin and Redrock Grilled Shrimp	$22.99	varies
Flo's Filet and LongHorn Salmon	$27.99	varies
Flo's Filet and Lobster Tail	$42.99	varies
Parmesan Crusted Chicken	$14.49 to $21.97	about 610
LongHorn Salmon	$15.49 to $18.49	varies
Napa Grilled Chicken	$15.49	varies
Redrock Grilled Shrimp	$19.48	varies
Cowboy Pork Chops (2)	$18.78	varies
Baby Back Ribs, full rack	$24.98	1,270
Hand Breaded Chicken Tenders (6)	$13.29	420

Starters, Soups and Salads

Item	Price	Calories
Texas Tonion	$8.79	1,180
Wild West Shrimp	$11.49 to $13.29	about 620 to 970
Firecracker Chicken Wraps	$9.99	720
Grilled White Cheddar Stuffed Mushrooms	$9.79	varies
Chili Cheese Fries	$10.99	varies
Spicy Chicken Bites	$5.79	varies
Shrimp and Lobster Chowder, cup	$4.49	varies
Loaded Potato Soup / French Onion Soup	$5.95 / $5.99	varies
Grilled Chicken and Strawberry Salad	$14.79	530
7 Pepper Salad	$15.29	varies
Crispy Chicken Tenders Salad / Grilled Shrimp Salad	$12.99 / $13.99	varies
Blue Ridge Wedge Salad	$14.99	varies

Sides

Item	Price	Calories
Loaded Idaho Baked Potato	$2.99	470
Seasoned French Fries	$2.99	500
Seasoned Rice Pilaf	$2.99	230
Sweet Potato	$2.99	380
Mashed Potatoes	$3.00	340
Mixed Greens Salad	$2.99	140
Steakhouse Mac and Cheese	$4.99 to $5.99	610
Parmesan Creamed Spinach	$4.99	varies
Fresh Steamed or Grilled Asparagus	$4.99	varies
Side Salad / Caesar Salad	$4.49 / $6.99	varies

Lunch Express

Item	Price	When
Lunch Renegade Sirloin	about $10.99	Mon to Fri until 3 p.m.
Lunch Express plates	about $11.49 to $13.99	Mon to Fri until 3 p.m.
Crispy Buttermilk Chicken Sandwich (lunch)	about $9.99	Lunch

Kids, Desserts and Drinks

Item	Price	Calories
Kid's Sirloin	$8.49	240
Kid's Cheeseburger	$7.99	490
Kid's Kraft Mac and Cheese	$5.49	310
Kid's Chicken Tenders	about $7.99	270
Banana Berry Freeze (kids)	$2.49	varies
Chocolate Stampede (serves two)	$9.29 to $11.99	2,460
Caramel Apple Goldrush	$9.50	varies
Slice of Cheesecake	$7.49	varies
Key Lime Jar	$3.49	varies
Hot tea or coffee	$2.99	about 0
Coke, Sprite or Diet Coke	$2.99	0 to 140
Lemonade	$3.49	varies